



SEPTEMBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anne Arundel Services: <ul style="list-style-type: none"> • BF Classes • BF Support Groups • 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf			To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}			
1	2 Labor Day	3	4	5	6	7
8	9	10	11 North County Getting Started with Breastfeeding 5-6 pm	12	13 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	14
15	16	17	18 Annapolis Getting Started with Breastfeeding 5-6 pm	19	20 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	21
22/29	23/30	24	25 North County Getting Started with Breastfeeding 5-6 pm	26	27	28



OCTOBER 2019

Maryland WIC
Better Nutrition Brighter Future

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		1	2 Getting Started with Breastfeeding 5-6 pm Annapolis	3	4	5
6	7	8	9 North County Getting Started with Breastfeeding 5-6 pm	10	11 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	12
13	14 Columbus Day	15 North County Getting Started with Breastfeeding 10:00 am – 11:00 am	16	17	18	19
20	21	22	23 North County Getting Started with Breastfeeding 5-6 pm	24	25 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	26
27	28	29	30	31		



NOVEMBER 2019

Maryland WIC
Better Nutrition Brighter Future

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					1	2
3	4	5	6 Annapolis Getting Started with Breastfeeding 5-6 pm	7	8 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	9
10	11 Veterans Day	12	13 North County Getting Started with Breastfeeding 5-6 pm	14	15 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	17
17	18	19 North County Getting Started with Breastfeeding 10:00 am – 11:00 am	20	21	22	23

24	25	26	27	28 Thanksgiving	29 American Indian Heritage Day	30
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